



Toilet/Potty Training Policy

Toilet training is best done at the child's own pace and when the child is ready and expressing an understanding of having wet their nappy and wanting to sit on the potty or toilet. This will be decided with talks between parent/guardian and the child's key worker.

Children will need a lot of support throughout toilet training, praise when they get it right and understanding when they make a mistake. Most children will go through bad toilet training days, this is normal and will be made clear to parents/guardians.

In the first stages of toilet training, children will often start to show an interest in the potty/toilet and what the other children are doing, this will be encouraged by whilst having their nappy changed children if they want to, being offered to sit on the potty/toilet. Later to support toilet training we will make sure that children are reminded regularly to go to the potty/toilet, they are taken down to the toilet by a member of staff and helped with unfastening clothing, wiping, flushing and washing hands. As children progress and become more confident in their toilet use they will still be taken to the toilet by a member of staff and given more privacy, but still any support needed. Once it is felt they are ready, they will be allowed to go to the toilet by themselves, this will be monitored by staff, and children will be checked every few minutes to check that they are ok, and don't need any help. When children return back to play/activity, staff will take an interest in what the child has done and make sure that the child's pants are clean. Staff and parents will decide together when children have reached these stages of competency, and please remember that all children are different and develop at different ages.

Please can parents make sure that in the initial stages of potty/toilet training children are suitably dressed for a quick and easy potty/toilet run. Think about buttons (dungarees) and belts, body suits etc. which make potty/toilet training that little bit harder. Also ensure that there are plenty of changes of clothing, especially pants in your child's bag. If you would prefer your child to just be wearing pants and a top whilst training then that is fine. We are happy to use stickers as rewards and encouragement, and if you'd like staff to continue any system you are using at home then please discuss this with your child's keyworker. We will always try to clean pants out as much as possible after accidents and put them in a nappy sack for you.

Any questions please speak to a member of staff. More advice online:

<https://www.eric.org.uk/Pages/Category/potty-training>

At All Saints Wise Owls, we also network and work in partnership with the Paediatric Healthy Bladder and Bowel Service. Advice and referrals can be made via:

<https://www.northdevonhealth.nhs.uk/services/paediatric-bladder-and-bowel-care-service/>

Reviewed 2021